



# Kingsford Chiropractic Clinic Centre For Rehabilitation

## WELCOME TO OUR PRACTICE

### PERSONAL DETAILS

Date \_\_\_\_\_

MR / MRS / MS / MISS *(Please circle)*

FIRST NAME/S \_\_\_\_\_

SURNAME \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

OCCUPATION \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

SUBURB \_\_\_\_\_

POSTCODE \_\_\_\_\_

### CONTACT DETAILS

MOBILE \_\_\_\_\_ HOME \_\_\_\_\_ WORK \_\_\_\_\_

EMAIL \_\_\_\_\_

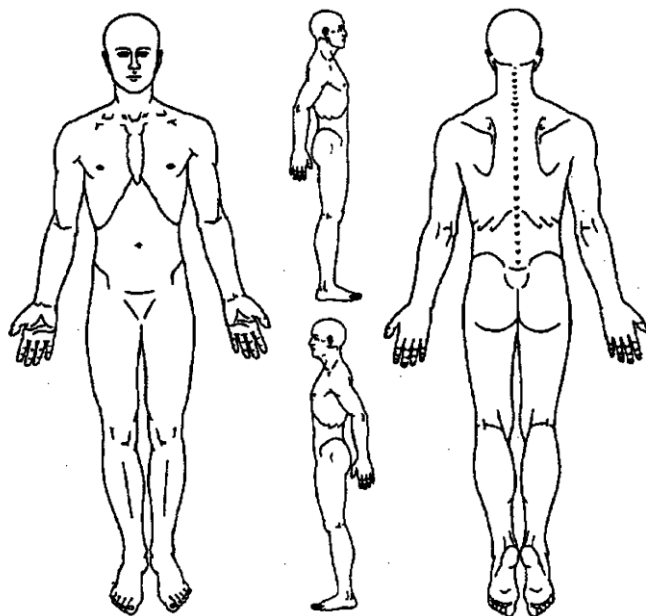
How did you hear about Kingsford Chiropractic Clinic? \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Relationship \_\_\_\_\_

Emergency Contact Number \_\_\_\_\_

### HEALTH DETAILS

Please mark the area of injury or discomfort on the diagrams below



Major Complaint:

Please rate your  
pain/discomfort level  
*(Please circle)*

None

1

2

3

4

5

6

7

8

9

10

Severe



Is this a Workers Compensation claim? YES / NO

If yes: INSURANCE COMPANY \_\_\_\_\_ CLAIM # \_\_\_\_\_

CASE MANAGER: NAME \_\_\_\_\_ CONTACT NUMBER \_\_\_\_\_

PRIVATE HEALTH FUND \_\_\_\_\_

FAMILY DOCTOR \_\_\_\_\_ LAST VISIT DATE \_\_\_\_\_

Please circle any of the following medical tests which have been performed in the **last 3 months**:

Blood Pressure	Blood Test	Breast Exam	Bone Density (Osteoperosis)	X – Ray	Prostate Exam
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Do you have any illnesses? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please circle if you have any conditions involving the following systems:

Ears	Eyes	Nose	Throat	Respiratory (Lungs)
Cardiovascular (Heart)	Digestive (Stomach)	Bowel	Bladder	Endocrine (Hormones)
Skin	Vascular (Blood/vessels)	Genitals	Psychological	



### Patient Information and Consent to Chiropractic Care

Chiropractic care is a safe, conservative and non-invasive form of health care. In fact studies have shown that for the treatment of neck and/or back pain a course of Chiropractic care is 250 times safer than a course of anti-inflammatory drugs (Dabbs, et al. JMNT vol 18-8 1995).

However there are risks associated with all health care procedures and practitioners who manipulate the spine are required to warn patients of material risks. This consent form is provided to inform you of the most common risks associated with manipulative therapy. This form does not waive your Common Law Rights; it is for you to acknowledge that you have been informed of the most common known risks and that you understand that individual responses vary and results are not guaranteed.

In extremely rare circumstances, some treatments of the neck may damage a blood vessel and give rise to a stroke or stroke-like symptoms. The chances of this are estimated to be between 1 in 1-2 million (D. Chapman-Smith seminar 2002) and 1 in 5.85 million (Haldeman, et al. Spine vol 24-8 1999). Vertebral artery testing and provocation tests for the neck will be undertaken and although they are not 100% predictive, they are the best manual screening procedures currently available.

Other slight risks include but are not limited to:

- strains/injury to a ligament or disc in the neck (less than 1 in 139,000) and the low back (1 in 62,000 Dvorak Study in Principles and Practice of Chiropractic, Haldeman 2<sup>nd</sup> Ed.)
- For some patients, especially those with bone weakening conditions, a fracture of a bone although rare is possible
- Muscle and joint soreness, nausea and dizziness, nerve irritation, exacerbation and/or aggravation of the underlying condition
- Dry needling potential risks include a puncture of the lung (pneumothorax), bruising and infection.

These episodes may result in outcomes such as referral, further tests, surgery, incapacity and the like.

It is also clear that there are many alternatives to treating musculoskeletal injuries. We always attempt to choose the most appropriate and effective treatment approach.

#### **Please Complete**

I have had the opportunity to read and discuss the above information with the chiropractor and give my voluntary consent to proceed with examination and treatment (by this or any other chiropractor working in this clinic). I understand that I can withdraw consent at any time after discussing it with the chiropractor.

Patient's signature \_\_\_\_\_ Print Name \_\_\_\_\_

Parent/Guardian's signature (under 18 years) \_\_\_\_\_

Print Parent/Guardian Name (under 18 years) \_\_\_\_\_

Chiropractor's signature \_\_\_\_\_ Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_